

BioLegend®

LEGEND MAX™

ELISA Kit with Pre-coated Plates



High Sensitivity Human IL-10

Cat. No. 430617

ELISA Kit for Accurate Quantitation of Human IL-10 in
Serum, Citrate Plasma, Heparin Plasma, Cell Culture
Supernatant, and Urine

BioLegend, Inc.
biolegend.com

It is highly recommended that this manual be read in its entirety before using this product. Do not use this kit beyond the expiration date.

For Research Purposes Only. Not for use in diagnostic or therapeutic procedures. Purchase does not include or carry the right to resell or transfer this product either as a stand-alone product or as a component of another product. Any use of this product other than the permitted use without the express written authorization of BioLegend is strictly prohibited.



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LEGEND MAX™ High Sensitivity Human IL-10 ELISA Kit

Introduction:

IL-10 (Interleukin 10, B cell derived T cell growth factor, B-TCGF, Cytokine synthesis inhibitory factor CSIF, T-cell growth inhibitory factor, TGIF) was originally described as Cytokine Synthesis Inhibitory Factor (CSIF) due to its ability to inhibit cytokine production by TH1 clones. IL-10 is expressed in activated CD8+ and CD4+ T cells, activated monocytes, mast cells, and Ly-1 B (in human cells). IL-10 shares over 80% sequence homology with the Epstein-Barr virus protein BCRF1 that allows the virus to suppress the immune response. The functions of IL-10 include inhibition of macrophage-mediated cytokine synthesis, suppression of the delayed type hypersensitivity response, and stimulation of the TH2 cell response.

The BioLegend LEGEND MAX™ High Sensitivity Human IL-10 ELISA Kit is a Sandwich Enzyme-Linked Immunosorbent Assay (ELISA) with a 96-well strip plate that is pre-coated with a monoclonal mouse anti-human IL-10 capture antibody. The detection antibody is a biotinylated monoclonal mouse anti-human IL-10 antibody. After washing away any unbound biotinylated detection antibody, a streptavidin-polymer HRP is used for detection. Streptavidin-Polymer HRP enhances the sensitivity of the kit, allowing for detection of low concentrations of IL-10. This kit is specifically designed for the accurate quantitation of human IL-10 in serum, citrate plasma, heparin plasma, cell culture supernatant, and urine. This kit is analytically validated with ready-to-use reagents.

Materials Provided:

Description	Quantity	Volume (per bottle)	Part #
Anti-human IL-10 Pre-coated 96-well Strip Microplate	1 plate		78207
Human IL-10 Detection Antibody (200X)	1 bottle	0.3 mL	750004582
Human IL-10 Standard	1 vial	lyophilized	79031
Streptavidin-Polymer HRP	1 bottle	12 mL	750002513
Assay Buffer A	2 bottles	25 mL	78232
Wash Buffer (20X)	1 bottle	50 mL	78233
Substrate Solution F	1 bottle	12 mL	79132
Stop Solution	1 bottle	12 mL	79133
Plate Sealers	4 sheets		78101

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Materials to be Provided by the End-User:

- Microplate reader able to measure absorbance at 450 nm
- Adjustable pipettes to measure volumes ranging from 1 µL to 1,000 µL
- Deionized water
- Wash bottle or automated microplate washer
- Log-log graph paper or software for data analysis
- Polypropylene tubes to prepare standard dilutions
- Timer
- Plate Shaker
- Polypropylene vials

Storage Information:

Store unopened kit components between 2°C and 8°C. Do not use this kit beyond its expiration date.

Opened or Reconstituted Components	
Microplate wells	If not all microplate strips are used, remove the excess strips by pressing up from underneath each strip. Place excess strips back in the foil pouch with the included desiccant pack and reseal. Store between 2°C and 8°C for up to one month.
Standard	The remaining reconstituted standard stock solution can be aliquoted into polypropylene vials and stored at -70°C for up to one month. Avoid repeated freeze-thaw cycles.
Detection Antibody (200X)	Store opened reagents between 2°C and 8°C and use within one month.
Streptavidin-Polymer HRP	
Assay Buffer A	
Wash Buffer (20X)	
Substrate Solution F	
Stop Solution	

Health Hazard Warnings:

1. Reagents that contain preservatives may be harmful if ingested, inhaled, or absorbed through the skin. Refer to the MSDS online at BioLegend's website for details (www.biolegend.com/msds).

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2. Substrate Solution F is harmful if inhaled or ingested. Avoid skin, eye and clothing contact.
3. To reduce the likelihood of blood-borne transmission of infectious agents, handle all serum, plasma, and other biological fluids in accordance with NCCLS regulations.
4. Stop Solution contains strong acid. *Wear eye, hand, and face protection.*
5. Before disposing of the plate, rinse it with an excess amount of tap water.

Specimen Collection and Handling:

Specimens should be clear and non-hemolyzed. If possible, unknown samples should be run at a number of dilutions to determine the optimal dilution factor that will ensure accurate quantitation.

Serum: Use a serum separator tube and allow clotting for at least 30 minutes, then centrifuge for 10 minutes at 1,000 x *g*. Remove serum layer and assay immediately or store serum samples at < -70°C. Avoid repeated freeze-thaw cycles.

Plasma: Collect blood samples in citrate- or heparin-containing tubes. Centrifuge for 10 minutes at 1,000 x *g* within 30 minutes of collection. Assay immediately or store plasma samples at < -70°C. Avoid repeated freeze-thaw cycles.

Cell Culture Supernatant: If necessary, centrifuge all samples to remove debris prior to analysis. It is recommended that samples be stored at < -70°C. Avoid repeated freeze-thaw cycles.

Urine: If necessary, centrifuge to remove debris prior to analysis. Samples can be stored at < -20°C. Avoid repeated freeze/thaw cycles.

Reagent and Sample Preparation:

Note: All reagents should be diluted immediately prior to use.

1. Dilute the 20X Wash Buffer to 1X with deionized water. For example, make 1 liter of 1X Wash Buffer by adding 50 mL of 20X Wash Buffer to 950 mL of deionized water. If crystals have formed in the 20X Wash Buffer, bring to room temperature and vortex until dissolved.
2. Reconstitute the lyophilized Human IL-10 Standard by adding the volume of Assay Buffer A to make the 20 ng/mL standard stock solution (Refer to LEGEND MAX Kit Lot-Specific Certificate of Analysis). Allow the reconstituted standard to sit at room temperature for 15-20 minutes, then briefly vortex to mix completely.
3. Dilute the 200X Human IL-10 Detection Antibody to 1X with Assay Buffer A.

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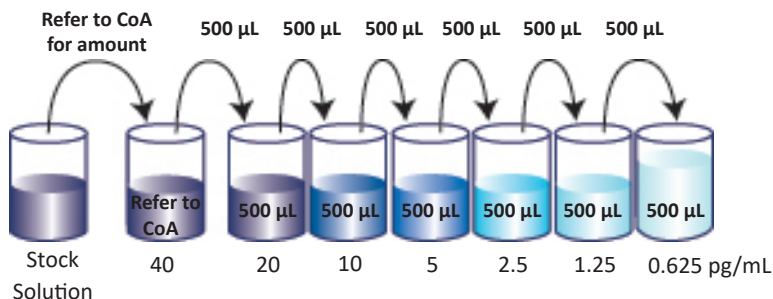
For example, make 12 mL of 1X Detection Antibody by adding 60 μL of 200X Detection Antibody to 11.94 mL of Assay Buffer A.

4. Dilute serum, citrate plasma, heparin plasma, and urine samples 1:2 in Assay Buffer A. The cell culture supernatant dilution factor should be determined by the end user; use Assay Buffer A for supernatant dilutions.

Assay Procedure:

Note: Do not mix reagents from different kits or lots. Reagents and/or antibodies from different manufacturers should not be used with this kit.

1. Bring all reagents to room temperature prior to use. It is strongly recommended that all standards and samples be run in duplicate or triplicate. A standard curve is required for each assay.
2. If not all microplate strips will be used, remove the excess strips by pressing up from underneath each strip. Place excess strips back in the foil pouch with the included desiccant pack and reseal.
3. Prepare 1000 μL of the 40 pg/mL top standard by diluting the appropriate amount of the standard stock solution in Assay Buffer A (refer to the LEGEND MAX™ Kit Lot-Specific Certificate of Analysis). Perform six two-fold serial dilutions of the 40 pg/mL top standard in separate tubes using Assay Buffer A as the diluent. Thus, the human IL-10 standard concentrations in the tubes are 40 pg/mL, 20 pg/mL, 10 pg/mL, 5 pg/mL, 2.5 pg/mL, 1.25 pg/mL, and 0.625 pg/mL, respectively. Assay Buffer A serves as the zero standard (0 pg/mL).



4. Wash the plate 4 times with at least 300 μL of 1X Wash Buffer per well and blot any residual buffer by firmly tapping the plate upside down on absorbent paper. All subsequent washes should be performed similarly.
5. Add 50 μL of Assay Buffer A to each well that will contain either standard dilutions or samples. Then add 50 μL of standard dilutions or samples to the appropriate wells.
6. Seal the plate with a plate sealer included in the kit and incubate the plate at room temperature with shaking for 2 hours.

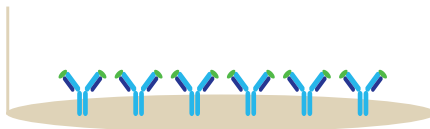
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7. Discard the contents of the plate into a sink, then wash the plate 4 times with 1X Wash Buffer as in step 4.
8. Add 100 µL of 1X Human IL-10 Detection Antibody to each well, seal the plate, and incubate at room temperature with shaking for 1 hour.
9. Discard the contents of the plate into a sink, then wash the plate 4 times with 1X Wash Buffer as in step 4.
10. Add 100 µL of Streptavidin-Polymer HRP to each well, seal the plate, and incubate at room temperature with shaking for 30 minutes.
11. Discard the contents of the plate into a sink, then wash the plate 5 times with 1X Wash Buffer as in step 4. For this final wash, soak wells in 1X Wash Buffer for 30 seconds to 1 minute for each wash. This will help minimize background.
12. Add 100 µL of Substrate Solution F to each well and incubate for 10 minutes **in the dark**. * Wells containing human IL-10 should turn blue in color with an intensity proportional to its concentration. It is not necessary to seal the plate during this step.
13. Stop the reaction by adding 100 µL of Stop Solution to each well. The solution color should change from blue to yellow.
14. Read absorbance at 450 nm within 15 minutes. If the reader is capable of reading at 570 nm, the absorbance at 570 nm can be subtracted from the absorbance at 450 nm.

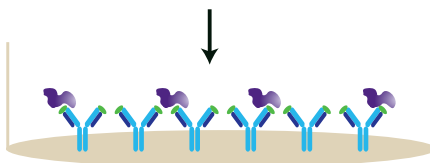
* **Optimal substrate incubation time depends on laboratory conditions and the optical linear ranges of ELISA plate readers.**

Assay Procedure Summary

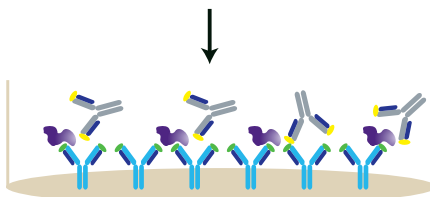
1. Wash 4 times.
Add 50 μ L Assay Buffer A.



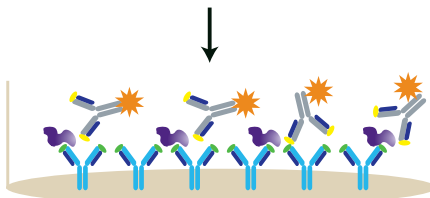
2. Add 50 μ L of diluted standards or samples.
Incubate 2 hours, **RT with shaking**.



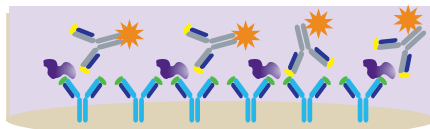
3. Wash 4 times.
Add 100 μ L 1X Detection Antibody.
Incubate 1 hour, **RT with shaking**.



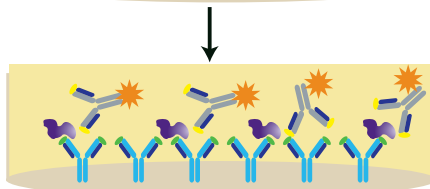
4. Wash 4 times.
Add 100 μ L Streptavidin-Polymer HRP.
Incubate 30 minutes, **RT with shaking**.



5. Wash 5 times.
Add 100 μ L Substrate Solution F.
Incubate 10 minutes*, **RT, in the dark**.



6. Add 100 μ L Stop Solution.



7. Read absorbance at 450 nm and 570 nm.

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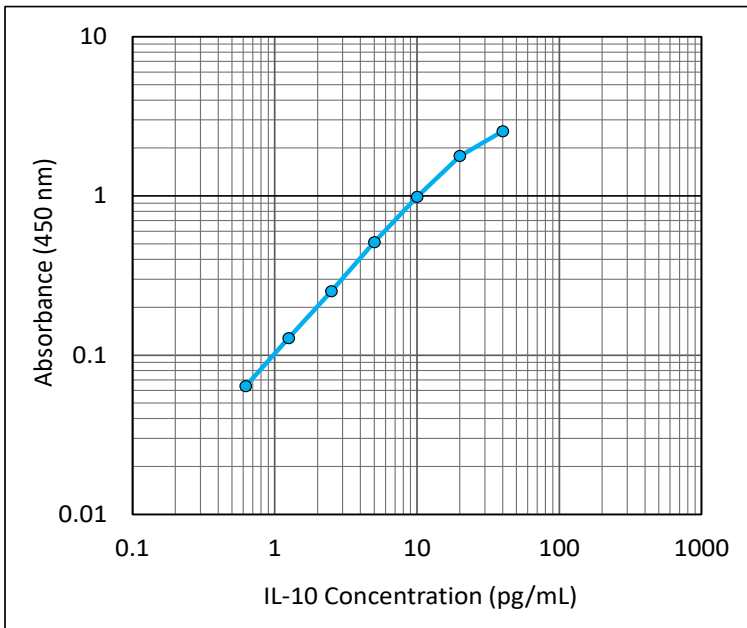
Calculation of Results:

The data can be best calculated with computer-based curve-fitting software using a 5- or 4-parameter logistics curve-fitting algorithm. If an appropriate software is not available, use log-log graph paper to determine sample concentrations. Determine the mean absorbance for each set of duplicate or triplicate standards, controls, and samples. Plot the standard curve on log-log graph paper with analyte concentration on the X-axis and absorbance on the Y-axis. Draw a best fit line through the standard points. To determine the unknown analyte concentrations, find the mean absorbance value of the unknown concentration on the Y-axis and draw a horizontal line to the standard curve. At the point of intersection, draw a vertical line to the X-axis and read the analyte concentration.

If samples were diluted, multiply the concentration by the appropriate dilution factor. If a test sample's absorbance value falls outside the linear portion of the standard curve, the test sample needs to be re-analyzed at a higher (or lower) dilution as appropriate.

Typical Data:

This standard curve was generated at BioLegend for demonstration purposes only. A standard curve must be run with each assay.



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Performance Characteristics:

Specificity: No cross reactivity was observed when this kit was used to analyze recombinant human IL-20, human IL-22, human IL-28A, human IFN- λ 1, and mouse IL-10 at 50 ng/mL. No significant interference by these proteins was observed.

Sensitivity: The minimum detectable concentration of IL-10 is 0.171 pg/mL.

Recovery: Recombinant human IL-10 was spiked into serum (diluted 1:2), plasma (diluted 1:2), urine (diluted 1:2), and undiluted cell culture supernatant (from unstimulated PBMCs) at three different concentrations. Then, sample recovery was analyzed with the LEGEND MAX™ High Sensitivity Human IL-10 ELISA kit.

Sample Type	N	Recovery (%)
Serum	6	82.3
Citrate Plasma	3	76.3
Heparin Plasma	6	84.0
Urine	1	92.0
Cell Culture Supernatant (PBMC)	1	98.0

Linearity: Serum (diluted 1:2), plasma (diluted 1:2), and urine (diluted 1:2) samples were spiked with cell culture supernatant (from PBMCs stimulated with 1 μ g/mL LPS for 2 days). This supernatant (diluted 1:100) was also tested for linearity. The samples were serially diluted two-fold to produce samples with concentrations within the dynamic range. Then, linearity was analyzed with the LEGEND MAX™ High Sensitivity Human IL-10 ELISA kit.

Sample Type	N	Linearity (%)
Serum	4	102.6
Citrate Plasma	3	97.3
Heparin Plasma	3	104.8
Urine	1	98.2
Cell Culture Supernatant (PBMC)	1	98.2

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Intra-Assay Precision: Sixteen replicates each of two samples containing different human IL-10 concentrations were tested in one assay.

Concentration	Sample 1	Sample 2
Number of Replicates	16	16
Mean Concentration (pg/mL)	6.75	0.82
Standard Deviation	0.29	0.064
%CV	4.25	7.83

Inter-Assay Precision: Two samples containing different concentrations of human IL-10 were tested in ten independent assays.

Concentration	Sample 1	Sample 2
Number of Assays	10	10
Mean Concentration (pg/mL)	5.79	0.78
Standard Deviation	0.48	0.05
%CV	8.31	5.88

Biological Samples: Human serum, plasma (citrate and heparin), cell culture supernatant (from unstimulated PBMCs or from PBMCs stimulated with 1 µg/mL LPS for 2 days), and urine samples were tested using the LEGEND MAX™ High Sensitivity Human IL-10 ELISA kit.

Sample Type	N	Mean (pg/mL)	Range (pg/mL)
Serum	8	2.71	1.92 - 3.38
Citrate Plasma	5	2.17	1.48 - 3.30
Heparin Plasma	8	3.21	1.78 - 7.78

Sample Type	N	Concentration (pg/mL)
PBMC Supernatant (unstimulated)	1	1.26
PBMC Supernatant (LPS stimulation)	1	509.43
Urine	1	0.58

Troubleshooting Guide:

Problem	Probable Cause	Solution
High Background	Background wells were contaminated	Avoid cross-well contamination by using the provided plate sealers. Use multichannel pipettes and change tips between pipetting samples and reagents.
	Insufficient washes	Increase number of washes. Increase soaking time between washes prior to addition of substrate solution.
	TMB Substrate Solution was contaminated	TMB Substrate Solution should be clear and colorless prior to addition to wells. Use a clean container prior to pipetting substrate solution into wells.
No or poor signal	Detection Antibody, Avidin-HRP or Substrate solution were NOT added	Rerun the assay and follow the protocol.
	Wrong reagent or reagents were added in wrong sequential order	
	Insufficient plate agitation	The plate should be agitated during all incubation steps using a plate shaker at a speed where solutions in wells are within constant motion without splashing.
	The wash buffer contains Sodium Azide (NaN ₃)	Avoid Sodium Azide contamination in the wash buffer as it inhibits HRP activity.
	Incubations were done at an inappropriate temperature, timing or without agitation	Rerun the assay and follow the protocol.
Low or poor standard curve signal	The standard was incorrectly reconstituted or diluted	Adjust the calculations and follow the protocol.
	Standard was inappropriately stored	Store the reconstituted standard stock solution in polypropylene vials at -70°C. Avoid repeated freeze-thaw cycles.
	Reagents added to wells with incorrect concentrations	Check for pipetting errors and the correct reagent volume.

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Problem	Probable Cause	Solution
Signal is high, standard curves have saturated signal	Standard reconstituted with less volume than required	Reconstitute new lyophilized standard with the correct volume of solution recommended in the protocol.
	Standards/samples, detection antibody, Avidin-HRP or substrate solution were incubated for too long	Rerun the assay and follow the protocol.
Sample readings are out of range	Samples contain no or below detectable levels of the analyte	If samples are below detectable levels, it may be possible to use a larger sample volume. Contact technical support for appropriate protocol modifications.
	Samples contain analyte concentrations greater than highest standard point	Samples may require dilution and analysis.
High variation in samples and/or standards	Multichannel pipette errors	Confirm that pipette calibrations are accurate.
	Plate washing was not adequate or uniform	Ensure pipette tips are tightly secured. Ensure uniformity in all wash steps.
	Non-homogenous samples	Thoroughly mix samples before assaying.
	Samples may have high particulate matter	Remove particulate matter by centrifugation.
	Cross-well contamination	Do not reuse plate sealers. Always change tips for reagent additions. Ensure that pipette tips do not touch the reagents on the plate.

ELISA Plate Template:

ELISA Plate Template												
	1	2	3	4	5	6	7	8	9	10	11	12
A												
B												
C												
D												
E												
F												
G												
H												

BioLegend®

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