



LEGEND MAX[™]
ELISA Kit with Pre-coated Plate



Free Active TGF- β 1

Cat. No. 437707

ELISA Kit for Accurate Quantitation of Free Active TGF- β 1 from
Cell Culture Supernatant, Serum, Plasma and Other Biological
Samples

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biolegend.com

It is highly recommended that this manual be read in its entirety before using this product. Do not use this kit beyond the expiration date.

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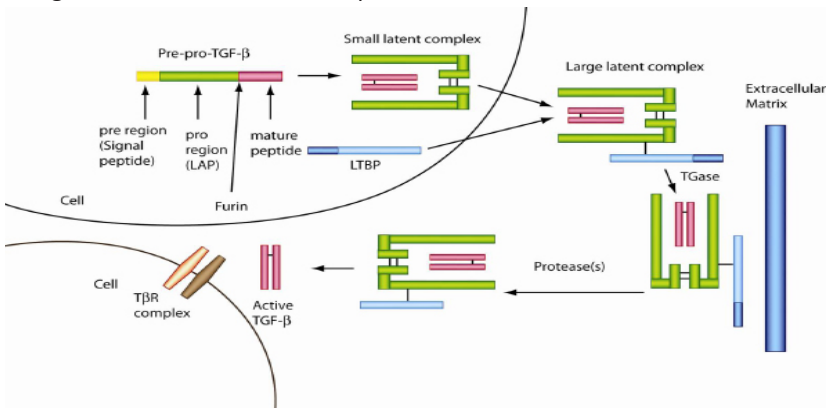
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LEGEND MAX™ Free Active TGF-β1 ELISA Kit

Introduction:

Transforming growth factor beta 1 (TGF-β1) is a member of the transforming growth factor beta superfamily of cytokines. TGF-β1 precursor contains 390 amino acids with an N-terminal signal peptide of 29 amino acids which is required for secretion from a cell, a 249 amino acid pro-region (latency associated peptide or LAP), and a 112 amino acid C-terminal region that becomes active TGF-β1 upon activation.

Both LAP and TGF-β1 exist as homodimers in circulation, but the disulfide linked homodimers of LAP and TGF-β1 remain non-covalently associated, forming the small latent TGF-β1 complex (SLC, 100 kDa). The large latent TGF-β1 Complex (LLC, 235 – 260 kDa) contains a third component, the latent TGF-β binding protein (LTBP), which is linked to LAP by a single disulfide bond. The LTBP does not confer latency, but is for efficient secretion of the complex to extracellular sites. Free active TGF-β1 can be released (activated) by many factors including enzymes and low or high pH. The following picture illustrates the relationship among the different forms of TGF-β1.



TGF-β1 is nearly 100% conserved across mammalian species. It also has diverse biological functions in multiple cellular processes such as regulating proliferation and differentiation of various cell types. TGF-β1 is also an important immunoregulatory cytokine which is involved in the maintenance of self-tolerance, Th17 differentiation and T-Cell homeostasis.

It is expected that normal serum, plasma and other biological fluids contain a lower concentration of free active TGF-β1 and a higher concentration of latent TGF-β1. It is the free active TGF-β1 that binds to the TGF-β receptor and exerts biological functions. However, it has been difficult to quantify the level of free active TGF-β1 due to the insufficient sensitivities of most assay products currently available on the market. Thus, it is necessary to measure both the free active form and the total TGF-β1 form in biological samples in order to understand how TGF-β1 functions.

LEGEND MAX™ Free Active TGF-β1 ELISA Kit

This ELISA kit is specifically designed for the accurate quantitation of Free Active TGF-β1 from cell culture supernatant, serum, plasma and other biological fluids from many mammalian species (human, non-human primate, mouse, rat, porcine, bovine, ovine, rabbit).

The BioLegend LEGEND MAX™ Free Active TGF-β1 ELISA kit is a Sandwich Enzyme-Linked Immunosorbent Assay (ELISA) with a 96-well strip plate that is pre-coated with a mouse monoclonal anti-human free active TGF-β1 antibody. The detection antibody is a biotinylated mouse monoclonal anti-human free active TGF-β1. This kit is analytically validated with ready-to-use reagents.

Materials Provided:

Description	Quantity	Volume (per bottle)	Part #
Anti-TGF-β1 Pre-coated 96-well Strip Microplate	1 plate		78242
TGF-β1 Detection Antibody	1 bottle	12 mL	78243
TGF-β1 Standard	1 vial	lyophilized	78251
Avidin-HRP D	1 bottle	12 mL	78237
Assay Buffer C	1 bottle	25 mL	78247
Wash Buffer (20X)	1 bottle	50 mL	78233
Substrate Solution F	1 bottle	12 mL	79132
Stop Solution	1 bottle	12 mL	79133
Plate Sealers	4 sheets		78101

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Materials to be Provided by the End-User:

- Microplate reader able to measure absorbance at 450 nm
- Adjustable pipettes to measure volumes ranging from 1 µL to 1,000 µL
- Deionized water
- Wash bottle or automated microplate washer
- Log-Log graph paper or software for data analysis
- Tubes to prepare standard dilutions
- Timer
- Plate Shaker
- Polypropylene vials

Storage Information:

Store unopened kit components between 2°C and 8°C. Do not use this kit beyond its expiration date.

Opened or Reconstituted Components	
Microplate wells	If not all microplate strips are used, remove the excess strips by pressing up from underneath each strip. Place excess strips back in the foil pouch with the included desiccant pack and reseal. Store between 2°C and 8°C for up to one month.
Standard	The remaining reconstituted standard stock solution can be aliquoted into polypropylene vials and stored at -70°C for up to one month. Avoid repeated freeze-thaw cycles.
Detection Antibody	Store opened reagents between 2°C and 8°C and use within one month.
Avidin-HRP D	
Assay Buffer C	
Wash Buffer (20X)	
Substrate Solution F	
Stop Solution	

Health Hazard Warnings:

1. Reagents that contain preservatives may be harmful if ingested, inhaled or absorbed through the skin. Refer to the MSDS online at BioLegend's website for details (www.biolegend.com/msds).
2. Substrate Solution F is harmful if inhaled or ingested. Avoid skin, eye and clothing contact.

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3. To reduce the likelihood of blood-borne transmission of infectious agents, handle all serum, plasma and other biological fluids in accordance with NCCLS regulations.
4. Stop Solution contains strong acid. *Wear eye, hand, and face protection.*
5. Before disposing of the plate, rinse it with an excess amount of tap water.

Specimen Collection and Handling:

Specimens should be clear and non-hemolyzed.

Cell Culture Supernatant: If necessary, centrifuge all samples to remove debris prior to analysis. It is recommended that samples be stored at $< -70^{\circ}\text{C}$. Avoid repeated freeze-thaw cycles.

Serum: Use a serum separator tube and allow clotting for at least 30 minutes, then centrifuge for 10 minutes at $1,000 \times g$. Remove serum layer and assay immediately or store serum samples at $< -70^{\circ}\text{C}$. Avoid repeated freeze-thaw cycles.

Plasma: Collect blood samples in citrate, heparin or EDTA containing tubes. Centrifuge for 10 minutes at $1,000 \times g$ within 30 minutes of collection. Assay immediately or store plasma samples at $< -70^{\circ}\text{C}$. Avoid repeated freeze-thaw cycles.

Reagent and Sample Preparation:

Note: All reagents should be diluted immediately prior to use. Do not use sodium azide in any solutions as it inhibits the activity of the horseradish peroxidase enzyme, greatly reducing the assay signals.

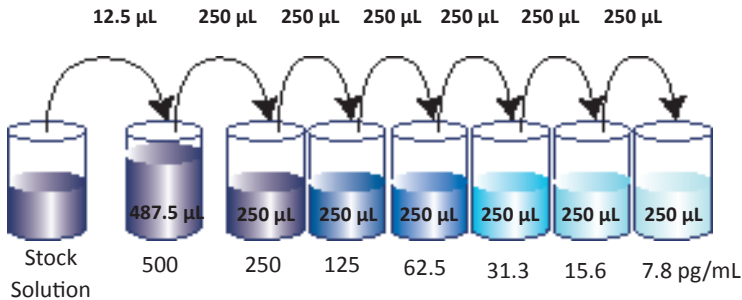
1. Dilute the 20X Wash Buffer to 1X with deionized water. For example, make 1 liter of 1X Wash Buffer by adding 50 mL of 20X Wash Buffer to 950 mL of deionized water. If crystals have formed in the 20X Wash Buffer, bring to room temperature and vortex until dissolved.
2. Reconstitute the lyophilized TGF-β1 Standard by adding the volume of Assay Buffer C to make the 20 ng/mL standard stock solution (Refer to LEGEND MAX Kit Lot-Specific Certificate of Analysis/LEGEND MAX Kit Protocol). Allow the reconstituted standard to sit at room temperature for 15 minutes, then briefly vortex to mix completely.
3. Samples: For cell culture supernatant samples, the end user may need to determine the dilution factors in a preliminary experiment. Serum or plasma samples should be tested initially without any dilution. However, if dilutions are required, use Assay buffer C as sample diluent.

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Assay Procedure:

Do not mix reagents from different kits or lots. Reagents and antibodies from different manufacturers should not be used with this kit.

1. Bring all reagents to room temperature prior to use. It is strongly recommended that all standards and samples be run in duplicate or triplicate. A standard curve is required for each assay.
2. If not all microplate strips will be used, remove the excess strips by pressing up from underneath each strip. Place excess strips back into the foil pouch with the included desiccant pack and reseal.
3. Prepare 500 μL of the 500 pg/mL top standard by diluting 12.5 μL of the standard stock solution in 487.5 μL Assay Buffer C. Perform six two-fold serial dilutions of the 500 pg/mL top standard in separate tubes using Assay Buffer C as the diluent. Thus, the TGF- β 1 standard concentrations in the tubes are 500 pg/mL , 250 pg/mL , 125 pg/mL , 62.5 pg/mL , 31.3 pg/mL , 15.6 pg/mL , and 7.8 pg/mL , respectively. Assay Buffer C serves as the zero standard (0 pg/mL).



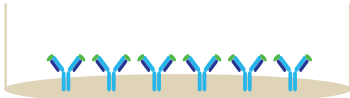
4. Wash the plate 4 times with at least 300 μL of 1X Wash Buffer per well and blot any residual buffer by firmly tapping the plate upside down on absorbent paper. All subsequent washes should be performed similarly.
5. Add 50 μL of Assay Buffer C to each well that will contain either standard dilutions or samples.
6. Add 50 μL of standard dilutions or samples to the appropriate wells.
7. Seal the plate with a Plate Sealer included in the kit and incubate the plate at room temperature for 2 hours while shaking at 200 rpm.
8. Discard the contents of the plate into a sink, then wash the plate 4 times with 1X Wash Buffer as in step 4.


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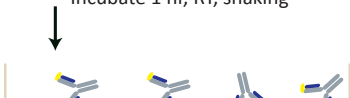
9. Add 100 µL of TGF-β1 Detection Antibody solution to each well, seal the plate and incubate at room temperature for 1 hour while shaking.
10. Discard the contents of the plate into a sink, then wash the plate 4 times with 1X Wash Buffer as in step 4.
11. Add 100 µL of Avidin-HRP D solution to each well, seal the plate and incubate at room temperature for 30 minutes while shaking.
12. Discard the contents of the plate into a sink, then wash the plate 5 times with 1X Wash Buffer as in step 4. For this final wash, soak wells in 1X Wash Buffer for 30 seconds to 1 minute for each wash. This will help minimize background.
13. Add 100 µL of Substrate Solution F to each well and incubate for 10 minutes in the dark. Wells containing TGF-β1 should turn blue in color with an intensity proportional to its concentration. It is not necessary to seal the plate during this step.
14. Stop the reaction by adding 100 µL of Stop Solution to each well. The solution color should change from blue to yellow.
15. Read absorbance at 450 nm within 30 minutes. If the reader is capable of reading at 570 nm, the absorbance at 570 nm can be subtracted from the absorbance at 450 nm.

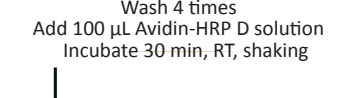
Assay Procedure Summary

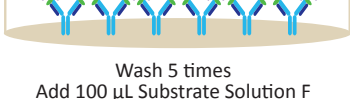
1. Wash 4 times
Add 50 μL Assay Buffer C

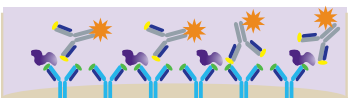

2. Add 50 μL diluted standards or samples
Incubate 2 hr, RT, shaking


3. Wash 4 times
Add 100 μL Detection Antibody solution
Incubate 1 hr, RT, shaking


4. Wash 4 times
Add 100 μL Avidin-HRP D solution
Incubate 30 min, RT, shaking


5. Wash 5 times
Add 100 μL Substrate Solution F
Incubate 10 min, RT, in the dark


6. Add 100 μL Stop Solution


7. Read absorbance at 450 nm and 570 nm

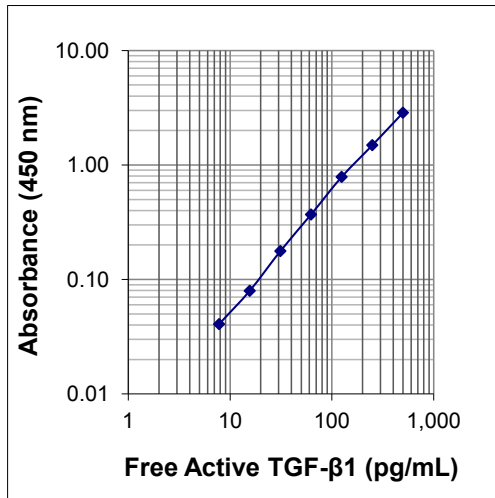
Calculation of Results:

The data can be best calculated with computer-based curve-fitting software using a 5- or 4-parameter logistics curve-fitting algorithm. If an appropriate software is not available, use log-log graph paper to determine sample concentrations. Determine the mean absorbance for each set of duplicate or triplicate standards, controls, and samples. Plot the standard curve on log-log graph paper with cytokine concentration on the X-axis and absorbance on the Y-axis. Draw a best fit line through the standard points. To determine the unknown cytokine concentrations, find the mean absorbance value of the unknown concentration on the Y-axis and draw a horizontal line to the standard curve. At the point of intersection, draw a vertical line to the X-axis and read the cytokine concentration.

If samples were diluted, multiply the concentration by the appropriate dilution factor. If a test sample's absorbance value falls outside the linear portion of the standard curve, the test sample needs to be re-analyzed at a higher (or lower) dilution as appropriate.

Typical Data:

This standard curve was generated at BioLegend for demonstration purposes only. A standard curve must be run with each assay.



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Performance Characteristics:

Specificity: No cross reactivity was observed when this kit was used to analyze Latency Associate Peptide (TGF-β1) at up to 40 ng/mL. No cross reactivity was observed when this kit was used to analyze 69 human recombinant cytokines/chemokines, 43 mouse recombinant cytokines/chemokines and 35 rat recombinant cytokine/chemokines at up to 50 ng/mL.

Sensitivity: The minimum detectable concentration is 2.3 pg/mL.

Recovery: Recombinant TGF-β1 (250, 62.5 and 15.6 pg/mL) was spiked into each of 4 human serum samples, and then analyzed with the LEGEND MAX™ Free Active TGF-β1 Kit. On average, 76 % of the cytokine was recovered from serum samples.

Linearity: Three human serum samples were diluted neat, 1:2, 1:4, 1:8, 1:16 with Assay Buffer C to produce samples with values within the dynamic range and then assayed. On average, 95 % of the expected cytokine was detected from diluted samples.

Intra-Assay Precision: Two samples containing different TGF-β1 concentrations were tested on one plate with 16 replicates.

Concentration	Sample 1	Sample 2
Number of Replicates	16	16
Mean Concentration (pg/mL)	25.2	117.3
Standard Deviation	2.3	4.5
% CV	9.1	3.8

Inter-Assay Precision: Two samples containing different concentrations of TGF-β1 were tested in seven independent assays.

Concentration	Sample 1	Sample 2
Number of Assays	7	7
Mean Concentration (pg/mL)	27.6	120.5
Standard Deviation	2.2	7.1
% CV	8.0	5.9

Biological Samples:

Serum (pg/mL)	Human Serum	Mouse Serum	Rat Serum	Porcine Serum
Number of Samples	16	4	2	1
Median	33.1	20.0	377.2	5.1
Maximum	302.0	196.8	385.6	
Minimum	7.6	15.8	368.8	

Troubleshooting Guide:

Problem	Probable Cause	Solution
High Background	Background wells were contaminated	Avoid cross-well contamination by using the provided plate sealers. Use multichannel pipettes and change tips between pipetting samples and reagents.
	Insufficient washes	Increase number of washes. Increase soaking time between washes prior to addition of substrate solution.
	TMB Substrate Solution was contaminated	TMB Substrate Solution should be clear and colorless prior to addition to wells. Use a clean container prior to pipetting substrate solution into wells.
No or poor signal	Detection Antibody, Avidin-HRP or Substrate solution were NOT added	Rerun the assay and follow the protocol.
	Wrong reagent or reagents were added in wrong sequential order	
	Insufficient plate agitation	The plate should be agitated during all incubation steps using a plate shaker at a speed where solutions in wells are within constant motion without splashing.
	The wash buffer contains Sodium Azide (NaN ₃)	Avoid Sodium Azide contamination in the wash buffer as it inhibits HRP activity.
	Incubations were done at an inappropriate temperature, timing or without agitation	Rerun the assay and follow the protocol.
Low or poor standard curve signal	The standard was incorrectly reconstituted or diluted	Adjust the calculations and follow the protocol.
	Standard was inappropriately stored	Store the reconstituted standard stock solution in polypropylene vials at -70°C. Avoid repeated freeze-thaw cycles.
	Reagents added to wells with incorrect concentrations	Check for pipetting errors and the correct reagent volume.

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Problem	Probable Cause	Solution
Signal is high, standard curves have saturated signal	Standard reconstituted with less volume than required	Reconstitute new lyophilized standard with the correct volume of solution recommended in the protocol.
	Standards/samples, detection antibody, Avidin-HRP or substrate solution were incubated for too long	Rerun the assay and follow the protocol.
Sample readings are out of range	Samples contain no or below detectable levels of the analyte	If samples are below detectable levels, it may be possible to use a larger sample volume. Contact technical support for appropriate protocol modifications.
	Samples contain analyte concentrations greater than highest standard point	Samples may require dilution and analysis.
High variation in samples and/or standards	Multichannel pipette errors	Confirm that pipette calibrations are accurate.
	Plate washing was not adequate or uniform	Ensure pipette tips are tightly secured. Ensure uniformity in all wash steps.
	Non-homogenous samples	Thoroughly mix samples before assaying.
	Samples may have high particulate matter	Remove particulate matter by centrifugation.
	Cross-well contamination	Do not reuse plate sealers. Always change tips for reagent additions. Ensure that pipette tips do not touch the reagents on the plate.

ELISA Plate Template

	1	2	3	4	5	6	7	8	9	10	11	12
A												
B												
C												
D												
E												
F												
G												
H												



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